



REIKI TRAINING

LEVEL 1

AUGUST 24-25

TIME: 10AM-5PM



Discover your inner potential and bring balance
and harmony into your life

CO
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WHAT WOULD IT INCLUDE?

REIKI LEVEL 1 COURSE DURATION

2 DAYS

DAY 1: 9.00AM - 5.00PM

DAY 2: 9.00AM - 5.00PM

Energy Exchange

\$444

Payment plans available.

Contact me at: corazon.melb@gmail.com

*Course fee and deposit is transferable in special circumstances (with minimum 7 days notice) but not refundable.

Please note: Group sizes are limited to 6-8 people to provide personalised attention.

Bookings are required

COURSE DESCRIPTION

The Reiki energy, associated with the element of earth, is of a lower (denser) range of vibration, working mostly on the etheric level (and therefore on the physical level to re-balance the body). This also means that it is easier to feel in your hands.

Enjoy the journey.

WHAT WOULD I LEARN?

- Historical Background
- Energy
 - Activation/Attunement
 - Energy Description
- Healing Techniques
 - Self-Healing
 - Healing Others
 - Healing Food, Plants & Animals
- Chakras & Energy Bodies
 - Meridians
 - Energy Cords

WHAT WOULD I RECEIVE?

- A comprehensive manual to take home
- Tea and fruit as refreshments throughout the day
- Reiki Level 1: Certificate of completion
- Added to a Reiki Community Gathering



DIFFERENCE BETWEEN REIKI LEVEL 1 & 2

REIKI LEVEL 1

- **Focus:** Primarily focuses on self-healing and healing others on a physical level.
- **Attunement:** You receive the first attunement, which opens your energy channels and connects you to the Reiki energy.
- **Techniques:** Learn hand positions for self-healing and healing others, and basic techniques for channeling Reiki energy.
- **Emphasis:** Strong emphasis on personal experience and practice of self-treatment.
- **Scope:** Generally does not involve distance healing; it is more about hands-on practice.



REIKI LEVEL 2

- **Focus:** Expands on healing abilities to include emotional and mental healing, as well as distance healing.
- **Attunement:** You receive the second attunement, which further enhances your ability to channel Reiki energy.
- **Symbols:** Introduction to and use of Reiki symbols to enhance the energy and focus it for specific purposes (e.g., mental/emotional healing, distance healing).
- **Techniques:** Learn advanced techniques, including sending Reiki across time and space, and using symbols to target specific healing needs.
- **Emphasis:** Greater focus on treating others and more complex healing situations.

LEVEL 1 IS ABOUT SELF-HEALING AND DIRECT PHYSICAL HEALING, WHILE LEVEL 2 EXPANDS YOUR CAPABILITIES TO INCLUDE EMOTIONAL/MENTAL HEALING AND DISTANCE HEALING, WITH THE USE OF REIKI SYMBOLS.